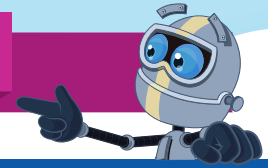


# STUDENT DISCUSSION GUIDELINES



Guideline	What This Looks Like
<b>Practice active listening.</b>	<p>Paraphrase what the other person said. Ask clarifying questions such as the following.</p> <ul style="list-style-type: none"><li>• <i>Can you tell me more about...?</i></li><li>• <i>Did I hear you say...?</i></li><li>• <i>Why do you think...?</i></li></ul> <p>Display empathy. Make a connection to self. Nod or smile to show listening. Maintain eye contact. Avoid distracting movements.</p>
<b>Take turns.</b>	<p>Let others finish talking before you start. Listen when others are talking and wait your turn. Be direct and to the point when you speak. Allow others a chance to speak.</p>
<b>Disagree respectfully.</b>	<p>Criticize ideas, not people. Before disagreeing, clarify to make sure you heard what they said correctly. Ask at least one question before deciding you disagree. Be kind and don't use hurtful language. Use language such as the following.</p> <ul style="list-style-type: none"><li>• <i>I disagree...</i></li><li>• <i>I think differently...</i></li><li>• <i>Another viewpoint is...</i></li></ul>
<b>Agree respectfully.</b>	<p>Let someone know you agree with their point by using their name. These are some examples.</p> <ul style="list-style-type: none"><li>• <i>I agree with what Zahra said...</i></li><li>• <i>I like what Miguel said...</i></li></ul> <p>Acknowledge others when you build on their ideas. For example: "<i>I want to add to what Lee said...</i>"</p>
<b>Control your emotions if you get upset.</b>	<p>Use "I" statements to share your emotions, such as the following.</p> <ul style="list-style-type: none"><li>• <i>I'm angry because....</i></li><li>• <i>I feel hurt hearing that because...</i></li></ul> <p>Remember, others can and will have different points of view. Count to ten before speaking, or take a few deep breaths. Know that it's ok to ask to get a drink of water or walk to a corner of the room if you need to reset.</p>